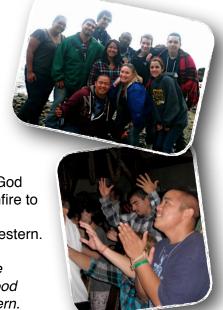
Soul Food: A Movement Begins

On November 5-7, 170 students from all over San Diego travelled to Catalina Island for a weekend to experience God. Around 50 students who attended the conference were unchurched and did not have a relationship with God. Of the 9 Southwestern students who attended, 3 of them were non-Christian.

The students spent the weekend getting to know each other in small groups. As questions were asked in the groups, the main sessions and seminars, the barriers they had against God were slowly torn down. By the end of the weekend 14 students made decisions to start following Jesus and 24 others began

their journey to actively seek Jesus. Praise God for the transformation He did on the island!

The 9 Southwestern students were especially excited to share their faith to others on campus. Instead of coming back forgetting what God has done, they planned a bonfire to gather others in the hope of a movement starting at Southwestern. Praise God for these 9 core students! Please pray that the momentum gained at Soul Food would continue at Southwestern.



Meet Donald

Donald grew up as an athiest, but ever since he heard a short story about God written by one of the InterVarsity leaders in his creative writing class, he became more curious

than ever about a relationship with Jesus. He started attending Bible studies, large groups and Soul Food in the hope of understanding God more. When asked what was holding him back from following Jesus, he said, "Nothing." About a week after Soul Food, Donald could no longer doubt God's existence and started a relationship with Him. On the day he committed his life to Jesus, he was filled with so much joy and purpose that he couldn't help but share God with others. Please pray that God would strengthen Donald's faith and give him more opportunities to share Jesus with others.

Personally Speaking ...

As the end of the year approaches, I can't help but be thankful for all that God has done. In the beginning of November, I moved and now have a new house and a new roommate. Recently, at a bonfire I couldn't help but be in awe at how God has grown each student this



year. I saw God work in amazing ways this summer in Manila. I am also thankful how God has grown and refined me and how He has given me more joy and hope this year. Praise God for the work that He continues to do in each of our lives! Let us remember and celebrate all that He has done this year.

Thank you so much for all of your prayers, support and friendship. Without you the work of InterVarsity at Southwestern College would not be possible. May God bless you and your family this holiday season! Thanks so much for everything!